

EDS/HSD Bibliography

Carol Boggs and Ann Rodiger Balance Arts Center

Freeman, Kelly, et al. *The Dysautonomia Project: For Patients and Physicians*. Bardolf & Company, 2015.

Keer, Rosemary J., et al. *Hypermobility, Fibromyalgia and Chronic Pain*. Churchill Livingstone, 2010.

Knight, Isobel. A Guide to Living with Hypermobility Syndrome: Bending without Breaking. Singing Dragon, 2011.

Knight, Isobel. A Multidisciplinary Approach to Managing Ehlers-Danlos (Type III)--Hypermobility Syndrome: Working with the Chronic Complex Patient. Singing Dragon, 2013.

Muldowney, Kevin. Living Life to the Fullest with Ehlers-Danlos Syndrome: A Guide for a Person Living with EDS to Achieve a Better Quality of Life. Outskirts Press, 2015.

Smith, Claire, and Donna Wicks. *Understanding Hypermobile Ehlers-Danlos Syndrome and Hypermobility Spectrum Disorder*. Redcliff-House Publications, 2017.